

PE Statement



We are a Right Respecting School and this statement supports the following articles from the UN Convention on the Rights of a Child

Article 3 (best interests of the child)

The best interests of the child must be a top priority in all actions concerning children.

Article 12 (respect for the views of the child)

Every child has the right to say what they think in all matters affecting them, and to have their views taken seriously.

Article 13 (freedom of expression)

Every child must be free to say what they think and to seek and receive information of any kind as long as it is within the law.

Intent

At Lawdale Junior School, we aim to maintain and stimulate all pupils' interest and enjoyment of PE and to incrementally build physical competencies, understanding of the importance of healthy, active lifestyles and develop skills in a wide range of physical activities.

We understand the importance of contributing to children's cultural capital and the role that PE plays in this. As such, we work to develop: children's understanding of what a fit and healthy lifestyle is; offer opportunities for out of school learning; help children to understand the transferable skills that PE offers; and develop their attitudes and values, linked to both challenging themselves and working as part of a team. We see this as a way to raise aspirations and to demonstrate what lifelong opportunities are available to them, for example as athletes, coaches or sports scientists. But we also aim to support children to understand the importance of healthy lifestyles, whatever their attainment or interests.

We recognise the value that PE has, helping to develop resilience, confidence, self-esteem, participation, team work and cooperation and the role these play in developing all areas of learning. We work to support these essential elements of personal development in all of our PE learning.

Where possible, we aim to make meaningful links with other areas of the curriculum.

Implementation

At Lawdale Junior School, we follow the national curriculum for PE, covering the different aspects of the curriculum each year for all year groups, thus ensuring that children revisit and develop their skills. We recognise that this revisiting of skills helps children to retrieve prior learning and, over time, helps it to stick in their long term memory.

Children's progress is monitored and assessed in order to support individual development. Assessments are recorded on a tracker, which is completed at the end of each unit and used when refining planning for the next sequence.

We actively engage in all borough sporting events and competitions for all year groups.

We offer at least one extra sporting opportunity for each year group each year, to supplement the national curriculum coverage. For example, a BMX training day for Year 5 and archery for Year 4.

We use technology (for example heart rate monitors), science (for example, as part of the human body unit), maths (for example, recording time, distance and pulse rate) and other areas of the curriculum to help the children to see links between PE and other subjects.

Impact

The impact of the PE curriculum at Lawdale Junior School can be seen in the children's confidence in both their physical abilities, their understanding of skills and rules in all areas of PE and their ability to explain what constitutes a healthy lifestyle.

Children are enthusiastic and excited about their PE lessons and show progress both within and between lessons. Their development of skills and understanding as they progress through the school is clearly evident on the assessment tracker.

The children who are involved in borough competitions always demonstrate good teamwork and understanding of sportsperson-like qualities.