

Year 3, Autumn Term Food Technology



Year 3 were given a brief to make a healthy smoothie, using a range of fruit from around the **world**. We had already learnt about how vitamins keep our bodies healthy in science.



We tasted different fruits to help us decide what we want to include in our smoothie. We used key vocabulary to describe the texture and taste of the fruits.



We washed and prepared our own fruit, using equipment carefully. We added milk and blended it together.



We discussed why it is important to have appealing packaging. We created our own packaging, thinking about the colour of our smoothie.



We evaluated the taste, texture and practicality of making our smoothies.

